

FROM OUR KITCHEN WITH CARE, *Elizabeth & Kim*

# honey SALT

ALL DAY MENU

FOOD AND DRINK

## APPETIZERS

- ROASTED CHICKEN NOODLE SOUP** (DF) 9  
carrot, celery, fresh herbs
- CHARCUTERIE & CHEESE** 21  
two rivers fennel salami, coppa, prosciutto,  
farmhouse brie, clothbound cheddar, benedictin blue
- CRAB & CORN MAC N' CHEESE** 16   
dungeness, cheese sauce, ritz crumble
- SALT SPRING MUSSELS** (GF)(DF) 16   
tamarind coconut malabar curry broth, cilantro
- SIZZILING SHRIMP** 16   
wild side-stripe shrimp, green garlic butter,  
szechwan chili, lemon & parsley

## SALADS ADD CHICKEN 5 OR SHRIMP 7

- HARVEST** (DF) (CN) 14  
roasted beets, shaved carrot, apple, pistachio,  
young greens & herb vinaigrette
- ORGANIC QUINOA** (GF) (DF) 14  
red & white quinoa, beluga lentils, avocado, fennel,  
orange, citrus vinaigrette
- HEIRLOOM TOMATO & BURRATA** (GF) 16  
stone fruit, shaved chocolate, sea salt, fresh herbs,  
aged sherry vinegar
- ELIZABETH'S CAESAR** 13  
kale, romaine, parmesan, croutons, black garlic dressing
- CAULIFLOWER "RICE" BOWL** (GF) 17  
curried chickpeas, grilled eggplant, pickled vegetables,  
mint yogurt dressing
- DUNGENESS CRAB GODDESS SALAD** (GF)(DF) 19   
gem lettuce, watercress, sweet corn, peas,  
radish & tomatoes

## HONEY SALT MARKET (GF) 19

klipper's charcoal roasted beets, asparagus,  
pickled vegetable, cauliflower hummus,  
crispy kale, heirloom tomatoes & carrots,  
sweet potato chips & goddess dip

## SIDES

- BASMATI RICE** (GF)(DF) 6 **MAC N' CHEESE** 9  
almonds, peas roasted peppers, kale
- SEASONAL VEGETABLES** 7 **BRAVAS POTATO** (GF)(DF) 6  
(GF)(DF) smoked egg aioli
- SALT & VINEGER CHIPS** 4 **KENNEBEC FRIES** (GF)(DF) 6

- GRANDMA ROSIE'S TURKEY MEATBALLS** 13  
tomato sauce, caramelized onion, herb ricotta, garlic toast
- \*BC POKE** (DF) 16   
albacore, green chili ponzu, avocado, cucumber,  
tobiko & crispy black rice
- BC SALMON RILLETTE** 14   
bagel chips
- TOFINO FRY** (GF) 15  
calamari, sidestripe shrimp, shishito peppers,  
spicy japanese mayonnaise

## CLASSICS

- FISH & CHIPS** (GF) 18  
queen charlotte rockfish, smashed peas, tartar sauce
- TOURTIÈRE QUÉBÉCOIS** 16  
beef, pork, tomato jam, apple & arugula salad
- \*POKE BOWL** 21  
bc albacore, green chili ponzu, avocado  
cucumber, tobiko & black rice
- DUNGENESS CRAB ROLLS** 20   
celery, salt & vinegar chips
- AVOCADO TOAST** (DF) 15  
roasted sourdough, serrano chillies, pickled peppers,  
watermelon radish
- BILOXI BUTTERMILK FRIED CHICKEN** 16  
durkee's slaw, pickles, warm brioche & a nice little salad
- BACKYARD BURGER** 17  
built with aged cheddar, tomato jam, lettuce,  
tomato, onion, french fries

## MAINS

- MARKET TAGLIATELLE** 19  
roasted tomato, corn, peas, broccoli, pecorino cheese
- QUEEN CHARLOTTE HALIBUT** 36  
granville market chowder  
potato, bacon, fennel, shrimp, corn, mussels
- ORGANIC KING SALMON** (GF) 32  
wild side-stripe shrimp, chive mash potato, peas,  
shrimp chips, crème fraîche
- HOKKAIDO SCALLOPS** (GF) 33  
seared scallops, roasted cauliflower, cauliflower puree,  
truffle jus
- NANA'S TIFFIN CHICKEN CURRY** (CN) (GF) 22  
almond basmati rice, peas, papadum, mint raita
- MAPLE HILLS CHICKEN** 25  
grilled breast, roasted heirloom carrots, mac n' cheese,  
kale & padrón peppers, natural jus
- GRILLED IBERICO PORK SECRETO** (GF) 34  
bravas potatoes, roasted carrot, smoked egg aioli,  
crackling, madeira sauce
- RR RANCH FILLET** (GF) 38  
roasted new potato, caramelized onion,  
local vegetables, red wine sauce

  
OCEAN WISE. A SUSTAINABLE CHOICE

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD,  
SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.  
(GF)=GLUTEN FREE, (DF)=DAIRY FREE, (CN)=CONTAINS NUTS