

FROM OUR KITCHEN WITH CARE *Elizabeth & Kim*

honey SALT

FOOD AND DRINK

BRUNCH

SAT & SUN: 10:30AM - 3PM

SMOOTHIES

OKANAGAN BERRY (GF)(DF) 11

blueberry, raspberry, banana, maple syrup

ALMOND BUTTERCUP (GF)(DF)(CN) 11

almond milk, raw almond butter, cacao, banana

THE JUICE TRUCK

Vancouver's first Cold-Pressed Juice Company

THE REMEDY 10

cucumber, kale, ginger, pineapple & mint

THE TURMERIC 10

orange, carrot, pineapple, turmeric, ginger, lemon

ORANGE JUICE 10

cold pressed, seasonal oranges

MORE JUICES

GRAPEFRUIT 8

APPLE 8

CRANBERRY 8

TOMATO 8

SIDES

CROISSANT 5

PAIN AU CHOCOLAT 6

CRUSHED AVOCADO 6

BREAKFAST POTATOES 6

SMOKED BACON 8

PORK SAUSAGE 9

TURKEY SAUSAGE 9

SOLLY'S BAGEL 5

BUTTER & CREAM CHEESE

TOAST 5

BUTTER & JAM

take a little bit of honey SALT home...

LOGO NAPKINS 12

BALL CAPS 20

T-SHIRTS 22

HONEY SALT COOKBOOK 39.99

*consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

(GF)=GLUTEN FREE (DF)=DAIRY FREE
(CN)=CONTAINS NUTS (VG)=VEGAN
(V)=VEGETARIAN

BREAK THE FAST

MONKEY BREAD "for the table" 14

brioche & honey bourbon sauce

FRUIT PLATE (GF)(VG) 14

berries, melon, apple, banana & citrus

SWEET POTATO PANCAKES (GF)(DF)(CN) 21

gluten free, almond butter, oat crumble, pumpkin seeds

BUTTERMILK PANCAKES (V) 19

seasonal fruit, quebec maple syrup

HONEY SALT BREAKFAST 25

eggs any style, toast, potatoes, choice of bacon, pork, or turkey sausage

EGGS BENEDICT 24

smoked bacon, spinach, soft poached egg, hollandaise

ROASTED MUSHROOM BENEDICT 21

myca farms mushrooms, spinach, soft poached eggs, hollandaise

BILOXI FRIED CHICKEN BENEDICT 26

buttermilk marinade, durkees slaw, soft poached egg, hollandaise sauce

OUR FAVOURITES

CHOCOLATE HAZELNUT

STUFFED FRENCH TOAST (CN)(V) 20

nutella, banana caramel

CHICKEN & WAFFLES (CN) 24

buttermilk fried chicken, pecan praline, whipped honey butter, maple syrup

BREAKFAST GALETTE 22

scrambled eggs, honey ham, spinach, mushrooms, gruyère cheese

AVOCADO TOAST (V) 26

sourdough, roasted gem tomato, serrano chillies, tomato jam, poached eggs, real good green juice

IT'S A BRUNCH THING

GRILLED CHICKEN SHAWARMA 23

za'atar spice, hummus, cucumber tomato salad, pita bread

BURRATA SALAD (V)(CN) 21

shaved fennel, frisee, kalamata olives, roasted gem tomatoes, candied hazelnut, pomegranate vinaigrette

*POKE BOWL (GF)(DF) 24

bc albacore tuna, cilantro-miso dressing, avocado cucumber, orange, black rice

FISH & CHIPS (GF) 23

haida gwaii rockfish, durkee's slaw, tartar sauce

STEAK & EGGS (GF) 30

5oz striploin, fried eggs, potatoes, tomato jam

NOVA SCOTIA LOBSTER 30

GALETTE
scrambled eggs, mushroom, spinach, puff pastry, gruyère cheese, hollandaise

BILOXI BUTTERMILK FRIED CHICKEN SANDWICH 21

rosemary biscuit, creamy slaw, durkee's dressing, nice little salad

BACKYARD BRUNCH BURGER 25

substitute to our garden burger (V)
bacon, fried egg, tomato jam, lettuce, tomato, onion, french fries

BC SMOKED SALMON BOARD 23

sliced & potted smoked salmon, solly's bagel, tomato, red onion, cream cheese, capers & egg

HONEY SALT MARKET (V)(GF) 23

cucumber, red endive, radishes, roasted carrots, crispy kale, snap peas, sweet potato chips, house pickles, guacamole, chickpea hummus, green goddess dip