

## STARTERS

CHICKEN WINGS **16**  
pick one: buffalo, maple bacon, korean bbq, lemon & pepper

CLASSIC POUTINE **14**  
brown gravy, cheese curds, kennebec fries

PORK DRY RIBS **14**  
salt, pepper, fresh lime

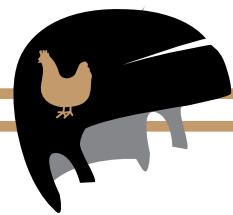
TOMATO SOUP (v) **9**  
mini grilled baguette, basil

BUFFALO CAULIFLOWER (v) **12**  
blue cheese & capers

CALAMARI **15**  
banana peppers, charred lemon, tzatziki sauce

## SIDES

FRENCH FRIES **6** ONION RINGS **7**  
SWEET POTATO FRIES **7** BROWN GRAVY **3**



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## SMOKED CHICKEN NACHOS

corn tortilla chips, 3 cheese blend, black beans, grilled onions, tomatoes, sour cream, salsa & guacamole

## SALADS

CAESAR (v) **11**  
grana padano, croutons, house dressing

LEMON CHICKEN **17**  
greens, hemp hearts, chickpeas, avocado & lemon vinaigrette

## BURGERS

with L.T.P. & french fries

GARDEN BURGER (v) **16.25**  
browns rice & vegetable blend, burger sauce

TURKEY BURGER **16.25**  
7 oz, burger sauce, brioche bun

BCK BEEF BURGER **17.50**  
7 oz, burger sauce, brioche bun

BCK CHEDDAR BURGER **18.50**  
7 oz, burger sauce, brioche bun

FAMOUS HOT CHICKEN **19.50**  
buttermilk fried, spicy mayo, brioche bun

### ADD + \$1.50 EACH

+ BLUE CHEESE + CHEDDAR CHEESE + BACON  
+ AVOCADO + MUSHROOM + FRIED EGG

## BOWLS

BUTTER CHICKEN CURRY **18**  
boneless chicken, basmati rice, spices, papadums, butter & cream

TAGLIATELLE BOLOGNESE **18**  
slow simmered meat sauce, red wine, fresh herbs & shaved parmesan cheese

## PIZZA

MARGHERITA (v) **16**  
roma tomatoes, mozzarella, basil

PEPPERONI **17**  
tomato sauce, provolone, mozzarella

BUTTER CHICKEN **17.5**  
tandoori chicken, mozzarella, cilantro

BC BACK COUNTRY **18.5**  
chorizo sausage, pepperoni,



## BCK FAVOURITES

FISH TACOS **14.25**  
cod, tortillas, cabbage slaw, pickled red onion, pico de gallo  
FRENCH FRIES + \$1.50

CHICKEN PAKORA **13.25**  
cucumber tomato salad, cilantro mint chutney  
MAKE IT A BOWL | BASMATI RICE, GREENS + \$4.75

MAC N' CHEESE **14.5**  
3 cheese, cavatappi noodles  
SPICED GRILLED CHICKEN + \$5

FISH & CHIPS **19**  
cod, coleslaw, french fries, tartar sauce

STEAK FRITES **24.95**  
charred sirloin cap, horseradish cream, french fries

## MRKT EAST

### SNACKS / 小食

1	VEGETABLE SPRING ROLLS / 素春卷 (v)	6.25
2	SHRIMP SPRING ROLLS / 蝦春卷	8.25

### DIM SUM / 點心

3	HAR GAU, SHRIMP / 蝦餃	8.50
4	SIU MAI, PORK, SHRIMP / 燒賣	8.50
5	BBQ PORK BUN / 叉燒包	7.75
6	LOTUS LEAF STICKY RICE / 糯米雞	8.25

### SOUP / 湯麵

7	WONTON NOODLE / 餛飩湯麵	12.50
8	SPICY CHICKEN VERMICELLI / 辣雞絲湯米粉	13.50

### CHINESE BBQ / 中式燒味飯 SERVED WITH RICE & GREENS

9	SOY CHICKEN / 豉油雞飯	12.75
10	BBQ PORK / 叉燒飯	13.75
11	BBQ DUCK / 燒鴨飯	16.50

### RICE & NOODLES / 飯 & 麵

12	CHICKEN FRIED RICE / 雞絲炒飯	13.50
13	SEAFOOD FRIED RICE / 海鮮炒飯	15.50
14	MEE GORENG / 印尼炒麵 (v)	13.25