

FROM OUR KITCHEN WITH CARE, *Elizabeth & Kim*

# honey SALT

ALL DAY MENU

FOOD AND DRINK

## APPETIZERS

<b>CHICKEN TORTILLA SOUP</b> 9 pulled chicken, black beans, corn, avocado, sour cream, tortilla chips	<b>CHARCUTERIE &amp; CHEESE</b> 21 genoa salami, capicola, prosciutto, brie, classic aged cheddar, b�nedictin bleu
<b>ROASTED CARROTS</b> (VG)(GF)(DF) 15 harissa, mint, cilantro, sunflower seeds, ginger-cashew cream	<b>TOFINO FRY</b> (GF) 16 calamari, shrimp, sweet peppers, spicy japanese mayonnaise
<b>AVOCADO TOAST</b> (DF)(V) 18 toasted sourdough, serrano chillies, pickled peppers, watermelon radish, green goodness juice	<b>GARLIC SHRIMP</b> 17  white wine, herb butter, roasted garlic, torn brioche
<b>GRANDMA ROSIE'S TURKEY MEATBALLS</b> 15 tomato sauce, caramelized onion, herb ricotta cheese, torn brioche	<b>DUNGENESS CRAB ROLLS</b> 21 celery salad, salt & vinegar chips

## SHARED PLATES

<b>TRUFFLE FRIES</b> (GF)(VG) 9 parmesan, chive	<b>CHARRED BROCCOLINI</b> (GF)(V)(CN) 11 black currants, capers, pine nuts
<b>MAC N' CHEESE</b> 10 roasted peppers, kale, ritz cracker crumble	<b>BC SMOKED SALMON RILLETTE</b> 16 dill & chive, cr�me fraiche, bagel chips

## SALADS ADD CHICKEN 5 OR SHRIMP 7

<b>ELIZABETH'S CAESAR</b> (V) 14 kale, romaine, parmesan, croutons, black garlic dressing
<b>WHIPPED BURRATA CHEESE</b> (V) 19 fresh citrus segments, crisp shaved fennel and celery, sliced serrano pepper, honey vinegar, toasted baguette
<b>MEDITERRANEAN HERB &amp; TOMATO SALAD</b> (V)(GF) 15 local heirloom tomatoes, baby arugula, pickled red onion, happy days okanagan feta, crispy capers, fresh herb vinaigrette
<b>HEIRLOOM GRAIN TABOULI</b> (VG)(DF) 16 tomato, cucumber, peppers, kalamata olives & chickpea pur�e

## MAINS

<b>TAGLIATELLE PRIMAVERA</b> (V) 23 heirloom symphony tomatoes, fresh peas, asparagus, extra virgin olive oil, shaved pecorino cheese
<b>ORGANIC KING SALMON</b> (GF)(DF) 33 vermicelli noodles, coconut curry, zucchini, broccolini, bok choy, cilantro
<b>DIVER SCALLOPS</b> (GF) 36  roasted cauliflower, cauliflower pur�e, truffle jus
<b>MAPLE HILL ORGANIC CHICKEN BREAST</b> 32 kale mac n'cheese, glazed baby heirloom carrots, natural jus
<b>GRILLED IBERICO PORK SECRETO</b> (GF) 39 broccolini, roasted peppers, whipped potatoes, natural jus
<b>BILOXI BUTTERMILK FRIED CHICKEN SANDWICH</b> 17 creamy slaw, durkee's dressing, brioche & nice little salad
<b>BACKYARD BURGER</b> 21 aged cheddar, tomato jam, lettuce, tomato, onion, french fries
<b>FISH &amp; CHIPS</b> (GF) 20 haida gwaii rockfish, durkee's slaw, mushy peas, tartar sauce
<b>*POKE BOWL</b> (GF)(DF) 21  bc albacore, cilantro-miso dressing, avocado, cucumber, orange, black rice
<b>BLACKENED ROAST HALIBUT</b> (GF) 36  fresh summer peas, pea puree, asparagus, grilled corn, chili lime oil
<b>HONEY SALT STEAK FRITES</b> (GF) 36 8oz AAA black angus striploin, parmesan fries, arugula salad, red wine jus

## HONEY SALT MARKET (VG)(GF) 19

local heirloom carrots, summer peas, broccolini, asparagus, breakfast radish, sweet potato chips, pickled vegetables, tabouli salad, edamame hummus & roasted cauliflower dip

 **ocean wise** A SUSTAINABLE CHOICE

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

(GF)=GLUTEN FREE, (DF)=DAIRY FREE,  
(CN)=CONTAINS NUTS, (V)=VEGETARIAN, (VG)=VEGAN