



BYJW

FULL SPA EXPERIENCE

CALM

MASSAGE

RMT - THERAPEUTIC PERSONALIZED OR MATERNITY MASSAGE

80 MINUTES \$285 / \$295
50 MINUTES \$195 / \$205

STRESS RELIEF

80 MINUTES \$230 / \$240
50 MINUTES \$155 / \$165

FACIAL

BRIGHTENING

80 MINUTES \$230 / \$240
50 MINUTES \$155 / \$165

INDULGE

MASSAGE

CLEAR YOUR MIND

110 MINUTES \$310 / \$320
80 MINUTES \$235 / \$245

ULTIMATE AROMATHERAPY EXPERIENCE

80 MINUTES \$235 / \$245

THE PARQ STONE MASSAGE

75 MINUTES \$230 / \$240

FACIAL

ANTI-AGING

80 MINUTES \$235 / \$245

BODY

THE DOUGLAS WRAP

105 MINUTES \$310 / \$320

THE DOUGLAS SCRUB

75 MINUTES \$230 / \$240

INVIGORATE

MASSAGE

RE-ENERGIZE

80 MINUTES \$230 / \$240
50 MINUTES \$155 / \$165

JET LAG CURE

80 MINUTES \$230 / \$240
50 MINUTES \$155 / \$165

FOOT REFLEXOLOGY

50 MINUTES \$155 / \$165
25 MINUTES \$90 / \$95

FACIAL

MEN'S FACIAL

80 MINUTES \$230 / \$240
50 MINUTES \$155 / \$165

RENEW

MASSAGE

INTENSIVE MUSCLE RELEASE

80 MINUTES \$230 / \$240
50 MINUTES \$155 / \$165

TIME TOGETHER MASSAGE

80 MINUTES \$490 / \$510
50 MINUTES \$340 / \$360

RMT - TIME TOGETHER MASSAGE

80 MINUTES \$570 / \$590
50 MINUTES \$390 / \$410

FACIAL

DEEP CLEANSE

80 MINUTES \$230 / \$240
50 MINUTES \$155 / \$165

**Prices detailed above are for weekday/weekend and holidays.*

**Prices do not reflect taxes and service charge.*

JW MARRIOTT® PARQ VANCOUVER
39 SMITHE St. VANCOUVER BC V6B 0R3 CANADA

HOTEL: 604-676-0888 SPA: 778-370-8700

EMAIL: spabyjwvancouver@marriott.com



BYJW

EXPRESS & ESSENTIALS

CALM

RELAXING SCALP MASSAGE	
25 MINUTES	\$90 / \$95
12 MINUTES	\$45 / \$50

INDULGE

HYDRATING HANDS	
25 MINUTES	\$90 / \$95
12 MINUTES	\$45 / \$50

INVIGORATE

ENERGY BOOST MASSAGE	
25 MINUTES	\$90 / \$95
12 MINUTES	\$45 / \$50

RENEW

TENSION RELEASE MASSAGE	
25 MINUTES	\$90 / \$95
12 MINUTES	\$45 / \$50

ESSENTIALS

SIGNATURE PEDICURE	\$115 / \$120
SIGNATURE MANICURE	\$80 / \$85
SPA PEDICURE	\$90 / \$95
SPA MANICURE	\$60 / \$65

ADD ON'S - ADDITIONAL TIME REQUIRED	
SHELLAC POLISH	\$30
GEL POLISH REMOVAL	\$15
FRENCH POLISH	\$10

WAXING	Please call for pricing.
PRIVATE YOGA	Please call for pricing.

SPA FACILITIES DAY PASS
 DAY PASSES GRANT ACCESS TO THE FITNESS CENTRE, ROOFTOP AQUA LOUNGE, SPA STEAM ROOM AND LOCKER ROOMS. ACCESS TO LOCKERS BASED ON AVAILABILITY.

Local Guests	\$110
Resort Guests	\$55
Salon Guests	\$25
Express Treatment Guests	\$25

**Prices detailed above are for weekday/weekend and holidays.*

**Prices do not reflect taxes and service charge.*



BYJW

Welcome to Spa by JW and The Glamoury. Here you will discover an inspired well-being experience that favors simplicity over complexity, clarity over mystery. Knowing how important time and well-being are to you, we introduced accessible offerings with inviting social spaces to gather or simply unwind, express spa treatments, experiential retail and contemporary beauty.

Spa by JW delivers treatments that are tailored to your exact needs and focused on delivering distinctive benefits: Calm, Indulge, Invigorate and Renew. So whether you're fatigued from a long journey or simply desire a well-deserved retreat, we provide a personalized spa experience that's as effortless as it is rewarding. Begin your journey with your desired results in mind.

The Glamoury is a professional makeup and blow dry bar. We take a contemporary approach to beauty where classic and timeless meet modern and magical. At The Glamoury, your experience is customized to your needs - from consulting on a look from our menu to relaxing while we work our magic. Fall into the world of glamour with us.



CALM

Reset for a moment of serenity. Find your centre by slowing down time, so you're ready to take on whatever comes next.

INDULGE

You deserve the best. For all that you do, take time for some special nourishment. After all, life's simplest pleasures should not be forgotten.

INVIGORATE

Stress takes its toll. Embrace your own vitality by replacing what's been lost, enlivening your body and clarifying your mind.

RENEW

Unclutter your mind and body. Our busy lives often leave little room to focus on ourselves. Cleanse and purify to gain absolute clarity.

CALM

So much is expected of us — to be brilliant, be ready, be connected. Why not just be? We take the idea a step further, removing distractions and excess to create an environment of simple tranquility. Our signature treatments oblige with a calming effect. Let Spa by JW slow your world down, for as long as you like.



CALM

CALM

MASSAGE

RMT - THERAPEUTIC OR MATERNITY MASSAGE

Spa by JW Vancouver works with skilled, licensed professional therapists. Registered Massage Therapists (RMTs) are available with this bespoke massage treatment. For expecting mothers in their first, second or third trimester, RMT Maternity Massage is required. RMT Receipts are available upon request for medical reimbursement. (80 or 50 minutes)

STRESS RELIEF

Experience the subtle difference between being relaxed and being restored with profoundly healing massage techniques drawn from the traditions of both East and West to dissolve stress and tension with warming ginger and black pepper oils. (80 or 50 minutes)

FACIAL

BRIGHTENING

Purify every pore with ylang ylang and tea tree oil, brighten with customized skin booster serums to target dark spots and hyperpigmentation. Relax while we cleanse, tone, exfoliate, treat, hydrate and protect your skin to reveal a naturally luminous, glowing you. (80 or 50 minutes)

EXPRESS TREATMENTS

RELAXING SCALP MASSAGE

Discover a deeper sense of clarity when you take a moment to simply let go. (25 or 12 minutes)

INDULGE

Everyone deserves a moment of pampering, without guilt or reservation. At Spa by JW we offer an indulgent experience through a range of therapeutic treatments that soothe in the most sublime and simplistic way. A rewarding feeling that will stay with you long after you leave.



INDULGE

INDULGE

MASSAGE

CLEAR YOUR MIND

Unwind and refocus your senses with this aromatherapy body, face, and scalp pressure point massage as you breathe in soothing aromas of chamomile, bitter orange, and rosemary. (110 or 80 minutes)

ULTIMATE AROMATHERAPY EXPERIENCE

Be truly pampered with this specialized head-to-toe aromatherapy massage that infuses acupressure, foot reflex points, and a personalized blend of powerful therapeutic essential oils. (80 minutes)

THE PARO BASALT STONE MASSAGE

Warm indigenous basalt stones are utilized to induce deep relaxation by unlocking those tense areas of the body. (75 minutes)

FACIAL

ANTI-AGING

Recapture a youthful complexion through a precise combination of Shi Liu Zi (Pomegranate Seed Oil), telomere technology, peptides, and plant stem cells to regenerate the skin. (80 minutes)

BODY

THE DOUGLAS WRAP

The Douglas infused bamboo exfoliation prepares your body for a mud wrap with Douglas blended gels, oils, and lotion as a shiatsu foot massage encourages the release of toxins. The journey concludes with Thai compressions and stretches. (105 minutes)

THE DOUGLAS SCRUB

Reveal your smoothest, softest skin ever with this full body salt or sugar exfoliation finishing with a deeply nourishing oil application and personalized massage. (75 minutes)

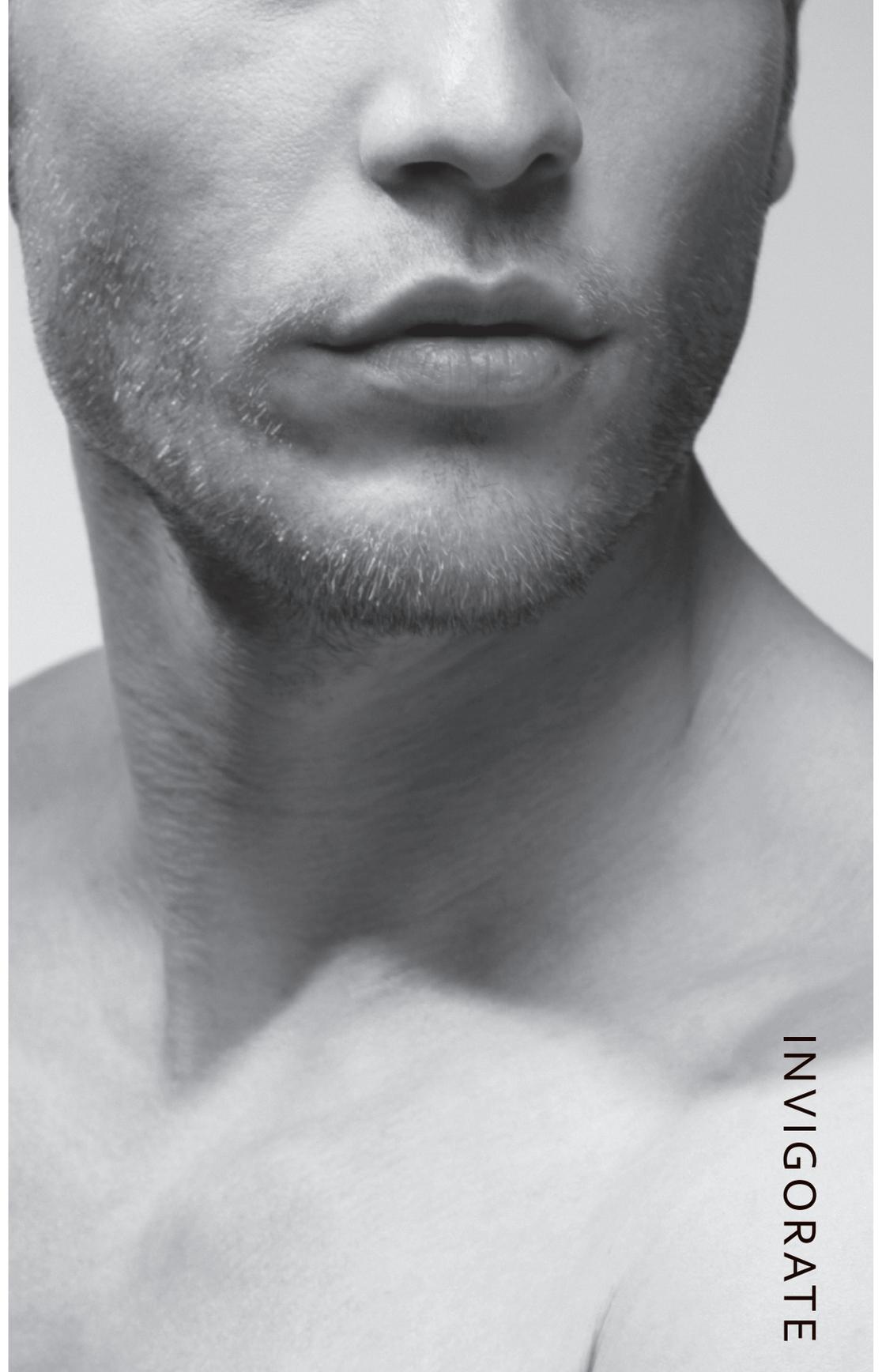
EXPRESS TREATMENTS

HYDRATING HANDS

Give your hands and arms the love they deserve with an exquisitely nourishing and deeply restorative treatment. (25 or 12 minutes)

INVIGORATE

The stresses of travel and everyday life all take a toll, making energy elusive. Replace what's been lost with treatments designed to focus on your body's less obvious engines and enliven every facet of your being. At Spa by JW, find balance and energy on your way to a new vitality.



INVIGORATE

INVIGORATE

MASSAGE

RE-ENERGIZE

Feel newly energized with a restorative massage taking the best techniques of the East and West that encourages healthy circulation and brings tired muscles back to life. (80 or 50 minutes)

JET LAG CURE

Recover from the physical and mental fatigue of travel with this profoundly curative massage that blends shiatsu and Thai techniques with mandarin orange and juniper essential oils. (80 or 50 minutes)

FOOT REFLEXOLOGY

This treatment focuses on pressure points in your feet to balance and ground the body's energy meridians. (50 or 25 minutes)

FACIAL

MEN'S FACIAL

Achieve a bright complexion that is full of health and vitality with this essential deep cleansing facial specifically for men. (80 or 50 minutes)

EXPRESS TREATMENTS

ENERGY BOOST MASSAGE

Feel refreshingly renewed with a scalp, neck, back, and arm massage. (25 or 12 minutes)

RENEW

What was lost can now be found. Discover a sense of clarity, a more balanced life and that state of well-being that has drifted too far from centre. Get back to the necessity of simply feeling good — about your body, your mind and your spirit. From massages to facials to total body treatments, emerge from a highly personalised treatment feeling refreshed and rejuvenated.



RENEW

RENEW

MASSAGE

INTENSIVE MUSCLE RELEASE

Enjoy a sense of renewal for sore muscles from this intensely, powerful massage using warming ginger and cajuput oils that reach the deeper structures of the body.

(80 or 50 minutes)

TIME TOGETHER MASSAGE

Enjoy the experience of shared relaxation and well-being in our couples suite.

A customized massage enjoyed side-by-side with your special someone.

(80 or 50 minutes)

FACIAL

DEEP CLEANSE

Bring your skin back to balance with an intensive cleanse that infuses the aromatherapy benefits of tea tree and orange flower blossom leaving your skin deeply cleaned.

(80 or 50 minutes)

EXPRESS TREATMENTS

TENSION RELEASE MASSAGE

Take a moment to renew with this massage that targets tension spots in the back,

neck and shoulders. (25 or 12 minutes)

SPA GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with these Spa Guidelines. At time of reservation please inform the Spa Specialist of the following:

- Allergies or medical conditions, including pregnancy
- If you have a gender preference for your Service Provider
- If you have a request for a specific Service Provider
- If you are celebrating any special occasions

SPA FACILITIES DAY PASS

Day passes grant access to the fitness centre, rooftop aqua lounge, spa steam room and locker rooms. Access to lockers based on availability.

(Local Guests \$110, Resort Guests \$55, Salon Guests \$25)

SERVICE CHARGE

For your convenience, an 18% service charge will be added to each spa treatment. This includes gratuities distributed to the spa staff who served you during your visit. Additional gratuities may be offered at your discretion.

FITNESS

All fitness centre guests must be at least 16 years of age. Proper athletic attire and footwear must be worn at all times in the fitness centre for the safety of the guests.

HOW TO SPA

SCHEDULING AN APPOINTMENT

To schedule an appointment for a treatment, please speak with our Spa Specialist, who will be pleased to assist you with your selection. Hotel guests can dial the hotel operator and request Spa by JW. From outside the hotel, please call 778-370-8700 or email at spabyjwvancouver@marriott.com. To ensure availability of your preferred time and service, we recommend making your reservation in advance. Online booking for spa available at www.spabyjwvancouver.com.

SPA ETIQUETTE

In order to ensure all of our guests enjoy a relaxing experience, please respect all guests' right to privacy and serenity. Please refrain from using a mobile device. Spa by JW is a smoke-free environment. Towels, slippers, shower cap and required amenities will be provided for use during your visit. The minimum age of 18 is required for access to the spa areas. Any guest deemed to be intoxicated will be denied access to the spa and facilities.

ARRIVAL TIME

Please arrive at least 30 minutes prior to your scheduled treatment. This will allow time to enjoy the lounges, steam rooms and Hydrotherapy Tub. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your service will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

EXPRESS TREATMENTS

Guests who schedule appointments for Express Treatments have access to the Express Treatment Suites area only. Guests utilizing these express services may purchase a spa day pass to access all of the spa amenities for an additional fee. Please speak with a Spa Specialist for additional information.

CANCELLATION POLICY

As a courtesy to other guests, we strictly adhere to the cancellation policy. A 100% cancellation fee will be incurred for any treatment cancelled less than 6 hours prior to appointment.



BYJW



BY JW

JW MARRIOTT® PARQ VANCOUVER
39 SMITHE St. VANCOUVER BC V6B 0R3 CANADA

HOTEL: 604-676-0888 SPA: 778-370-8700
EMAIL: spabyjwvancouver@marriott.com

FOLLOW JW MARRIOTT PARQ VANCOUVER ON INSTAGRAM @JWMARRIOTTVAN
LIKE JW MARRIOTT PARQ VANCOUVER AT FACEBOOK.COM/JWMARRIOTTVAN