

FROM OUR KITCHEN WITH CARE, *Elizabeth & Kim*

honey SALT

FOOD AND DRINK

DINNER
5:00PM - 10:30PM

APPETIZERS

ENGLISH PEA SOUP (VG)(GF)(DF)(CN) cashew cream, pea shoots, cracked pepper	9	BC SALMON RILLETTE smoked salmon, crème fraîche, bagel chips	16
ROASTED CARROTS (V)(GF) harissa, mint, cilantro, sunflower seeds, ginger-cashew cream	15	TOFINO FRY (GF) calamari, shrimp, sweet peppers, spicy japanese mayonnaise	16
GRANDMA ROSIE'S TURKEY MEATBALLS tomato sauce, caramelized onion, herb ricotta cheese, torn brioche	14	DUNGENESS CRAB ROLLS celery, brioche rolls	21
CHARCUTERIE & CHEESE genoa salami, capicola, prosciutto, brie, classic aged cheddar, benedictin blue	21	GARLIC SHRIMP white wine, herb butter, roasted garlic, torn brioche	17 

SALADS ADD CHICKEN 5 OR SHRIMP 7

ELIZABETH'S CAESAR kale, romaine, parmesan, croutons, black garlic dressing	14
HEIRLOOM TOMATO & BURRATA (V) aged balsamic, grilled baguette, basil	19
RED BERRY & HARVEST GREENS (GF)(CN) strawberry, raspberry, hazelnuts, blue cheese, honey vinaigrette	15
HEIRLOOM GRAIN TABOULI (GF)(DF) tomato, cucumber, peppers, kalamata olives & chickpea purée	16
*POKE BOWL (DF) bc albacore, cilantro-miso dressing, avocado, cucumber, orange, brown rice	21

HONEY SALT MARKET (GF)(VG) 19

roasted heirloom carrots, pickled vegetables,
cucumber, cherry tomato, snap peas,
broccolini, sweet potato chips,
edamame hummus & carrot miso dip

MAINS

BACKYARD BURGER aged cheddar, tomato jam, lettuce, tomato, onion, french fries	19
GNOCCHI POMODORO cherry tomato, basil, pecorino cheese	22
ORGANIC KING SALMON (GF) crisp prosciutto, snap pea, steamed potato, green pea nage	33 
KOREAN BBQ SABLEFISH (GF) smashed edamame, charred broccolini & bok choy, hoisin glaze, soy-butter emulsion	36
DIVER SCALLOPS (GF) roasted cauliflower, cauliflower puree, truffle jus	35
MAPLE HILL CHICKEN BREAST roasted heirloom carrots, "kale & padrón pepper mac n' cheese"	29
GRILLED IBERICO PORK SECRETO (GF) broccolini, roasted peppers, whipped potatoes, natural jus	39
CANADIAN PRIME STRIPLOIN (GF) market vegetables, whipped potatoes, red wine jus	41

SIDES

BROCCOLINI soy butter emulsion	7	MAC N' CHEESE roasted peppers, kale	9
PARMESAN GNOCCHI chili flakes	9	TRUFFLE FRIES (GF)(DF)	6
GRILLED CORN chili butter, lime aioli	9	WHIPPED POTATOES (GF)	8

take a little bit of honey SALT home...

LOGO NAPKINS 12
BALL CAPS 20
T-SHIRTS 22
HONEY SALT COOKBOOK 39.99

 **ocean wise.** A SUSTAINABLE CHOICE

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD,
SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

(GF)=GLUTEN FREE, (DF)=DAIRY FREE,
(CN)=CONTAINS NUTS, (V)=VEGETARIAN, (VG)=VEGAN