



## APPETIZERS

- ENGLISH PEA SOUP** (VG)(GF)(DF)(CN) 9  
cashew cream, pea shoots, cracked pepper
- GRILLED ASPARAGUS** (GF)(DF) 15  
poached egg & prosciutto
- CHARCUTERIE & CHEESE** 21  
two rivers fennel salami, coppa, prosciutto, farmhouse brie, clothbound cheddar, benedictin blue
- GRANDMA ROSIE'S TURKEY MEATBALLS** 13  
tomato sauce, caramelized onion, herb ricotta cheese, garlic toast

- BC SALMON RILLETTE** 14  
bagel chips
- FRESH SHRIMP SUMMER ROLLS** (GF)(DF) 16  
rice noodles, cucumber, red pepper, carrot, garden herbs, lettuce & sweet chili dip
- TOFINO FRY** (GF) 15  
calamari, side-stripe shrimp, shishito peppers, spicy japanese mayonnaise
- SIZZLING SHRIMP** 16   
wild side-stripe shrimp, green garlic butter, szechuan chili, lemon & parsley, brioche toast

## SALADS ADD CHICKEN 5 OR SHRIMP 7

- RED BERRY & HARVEST GREENS** (GF)(CN) 14  
strawberry, raspberry, hazelnuts, blue cheese, honey vinaigrette
- ORGANIC QUINOA** (GF)(DF) 14  
red & white quinoa, beluga lentils, avocado, fennel, orange, citrus vinaigrette
- ELIZABETH'S CAESAR** 13  
kale, romaine, parmesan, croutons, black garlic dressing
- ROASTED BEETS & GOAT CHEESE** (CN) 15  
okanagan happy days goat cheese, pistachios, watercress & sherry dressing
- PICNIC TOMATO** (GF)(V) 16  
fresh & confit tomatoes, kalamata olives, cucumbers, goat cheese feta, roasted garlic chips, red wine dressing
- DUNGENESS CRAB LOUIE LOUIE** (GF)(DF) 22   
romaine, heart of palm, tomato, avocado, chive, egg, channel island dressing

## CLASSICS

- AVOCADO TOAST** (DF) 16  
toasted sourdough, serrano chillies, pickled peppers, watermelon radish, green goodness juice
- FISH & CHIPS** (GF) 18   
haida gwaii rockfish, durkee's slaw, mushy peas, tartar sauce
- \*POKE BOWL** (DF) 21  
bc albacore, green chili ponzu, avocado cucumber, tobiko, orange, cilantro, black rice
- DUNGENESS CRAB ROLLS** 20   
celery, salt & vinegar chips, brioche rolls
- DUNGENESS CRAB MAC N' CHEESE** 24   
roasted peppers, smoked bacon, ritz cracker & chive crumb, little arugula salad, garlic bread
- BILOXI BUTTERMILK FRIED CHICKEN SANDWICH** 16  
durkee's slaw, pickles, warm brioche & a nice little salad
- BACKYARD BURGER** 17  
aged cheddar, tomato jam, lettuce, tomato, onion, french fries

## HONEY SALT MARKET (GF)(VG) 19

klipper's charcoal roasted beets, carrots, asparagus, pickled vegetables, crispy kale, cherry tomato, lipstick peppers, sweet potato chips, cauliflower hummus, beet & balsamic dip

## SIDES

- BASMATI RICE** (GF)(DF) 6 **MAC N' CHEESE** 9  
almonds, peas roasted peppers, kale
- SEASONAL VEGETABLES** 7 **KENNEBEC FRIES** 6  
(GF)(DF) (GF)(DF)
- CRISPY BRUSSELS SPROUTS** 6 **WHIPPED POTATOES** 8  
(GF)

## MAINS

- TAGLIATELLE BOLOGNESE** 21  
two rivers beef & pork, pecorino cheese
- GRILLED BLACK COD** (GF) 34  
spring succotash, smoked bacon, whipped potatoes
- ORGANIC KING SALMON** (GF) 32   
beluga lentils, wilted spinach, confit tomato
- HOKKAIDO SCALLOPS** (GF) 33  
roasted cauliflower, cauliflower puree, truffle jus
- NANA'S TIFFIN CHICKEN CURRY** (CN)(GF) 22  
almond basmati rice, peas, papadum, cucumber raita
- MAPLE HILL CHICKEN BREAST** 25  
roasted heirloom carrots, "kale & padrón pepper mac n' cheese"
- GRILLED IBERICO PORK SECRETO** (GF) 36  
asparagus, roasted peppers, whipped potatoes, natural jus
- CANADIAN PRIME STRIPLIN** (GF) 39  
caramelized onions, market vegetables, whipped potatoes, red wine jus

 **OCEAN WISE. A SUSTAINABLE CHOICE**

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

(GF)=GLUTEN FREE, (DF)=DAIRY FREE, (CN)=CONTAINS NUTS, (V)=VEGETARIAN, (VG)=VEGAN